



Hello Sammy,

On behalf of our club, we want to thank you for sharing your Hydro One product with us and for becoming our official team drink sponsor.

I want to share with you and your Hydro One family some feedback on the products since we began to have our players use them. As you know, the hot and humid climate in our region of the country can create many hydration, muscle fatigue and recovery issues for our athletes, especially during the summer-fall months.

Many of our players often work ten hour shifts before coming to training and games so their personal nutrition can often be neglected. We had several players who had recurring issues with cramping during training and games. After three weeks of being on Hydro One products, those players no longer had any issues with cramping and fatigue. The players love the taste of both the Bode Sport and RevD drinks.

As a former player and now an experienced coach, I know firsthand the importance of proper nutrition, hydration and recovery. Hydro One has now become a critical asset which directly impacts the overall individual and collective physical performance of our players.

Sparta 20/20 FC players and staff are proud to be a part of the Hydro One family!

Regards,

Kendall Reyes (M.Ed.)

General Manager / Head Coach

Sparta 20/20 FC